

S.C.C.U. NATIONAL 4 x 2½ MILES RELAY CHAMPIONSHIPS. KINGS PARK, GLASGOW. 27/11/76.

SHETTLESTON 'A' J.Burns 2 13.30 L.Stewart 1 13.50 27.20 L.Spence 1 13.35 40.55 N.Muir 1 13.17 54.12.
 EDINBURGH A.C. 'A' D.Knowles 8 13.58 R.Knowles 9 14.17 28.15 D.Gunstone 4 13.37 41.52 A.McKean 2 12.54 54.46.
 FALKIRK VICT. 'A' J.McGarva 3 13.36 J.Dingwall 3 13.51 27.27 I.Brown 2 13.48 41.15 W.Day 3 13.45 55.00
 SPANGO VAL. 'A' H.COX. 4 13.38 G.Clark 4 13.56 27.34 M.Coyle 7 14.45 42.19 C.Spence 4 13.39 55.58.
 CLYDE VALLEY 'A' E.Devlin 20 14.16 J.Graham 2 13.8 27.24 I.Moncur 3 14.20 41.44 J.Small 5 14.24 56.8.
 AYRSHIRE 'A' J.Golder 5 15.40 J.Boyd 5 14.4 27.44 I.Kerr 6 14.22 42.06 J.Ferguson 6 14.13 56.19.
 ABERDEEN UNIV. 'A' R.Maughan 22 14.20 M.Wyneken 13 14.12 28.32 R.Murray 11 14.31 43.03 F.Clyne 7 13.50 56.53.
 EAST KILBRIDE 'A' A.Neal 13 14.05 R.McKim 8 14.06 28.11 K.Taylor 5 13.55 42.06 H.Wilson 8 15.11 57.17.
 SHETTLESTON 'B' S.Easton 1 13.26 K.McKenzie 12 15.05 28.31 D.Lang 8 13.48 42.19 H.Mitchell 9 15.13 57.32.
 CLYDEDALE 'A' R. McWatt 28 14.45 P.Dolan 11 13.42 28.27 I.Donald 18 15.17 43.44 D.Gemmell 10 13.54 57.38.
 EDINBURGH SO. 'A' M.Craven 14 14.06 A.Robertson 22 14.49 28.55 G.Brown 26 15.27 44.22 J.Logue 11 13.19 57.41.
 GLASGOW UN. 'A' A.Hunter 15 14.15 B.Sheridan 7 13.48 28.03 P.Porter 9 14.52 42.55 W.McColl 12 14.50 57.45.
 BELLAHOUSTON 'A' C.Joss 21 14.16 J.Russell 14 14.19 28.35 B.Kerr 12 14.53 43.18 M.Black 13 14.31 57.49.
 EDINBURGH A.C. 'B' D.Watson 26 14.45 D.Hunter 29 14.34 29.19 R.Morris 17 14.21 43.40 G.Miller 14 14.14 57.54.
 CAMBUSLANG 'A' R.Stone 16 14.09 P.Preston 18 14.31 28.40 R.Anderson 10 14.20 43.00 D.Eadie 15 14.58 57.58.
 SPRINGBURN 'A' H.Gorman 23 14.22 J.Bremner 24 14.35 28.57 C.Lennox 13 14.23 43.20 G.Crawford 16 14.41 58.01.
 GREEN OCK WELL 'A' H.Mooney 30 14.52 G.Gaffney 28 14.27 29.19 W.Stoddart 23 14.46 44.05 A.Coutts 17 14.11 58.16.
 FALKIRK VICT. 'B' B.Morton 12 14.03 R.Adam 19 14.41 28.44 W.Sharp 21 15.09 43.53 A.Pender 18 14.35 58.28.
 ABERDEEN AAC. G.Laing 11 14.02 M.Edwards 16 14.35 28.37 A.Kemp 16 15.02 43.39 D.Buchan 19 14.57 58.36.
 STRATHCLYDE B. 'A' N.Scott 17 14.11 R.Blair 21 14.43 28.54 E.McIvor 14 14.40 43.34 J.McMillan 20 15.19 58.53.
 GREENOCK GLEN 'A' W.Dunn 32 14.57 J.Orr 31 14.32 29.29 R.Hodelet 20 14.22 43.51 I.Cameron 21 15.22 59.13.
 STRATH.UNIV. 'A' W.Logan 6 13.51 A.McMaster 10 14.28 28.;9 A.Stapley 15 15.16 43.35 I.Smith 22 15.42 59.17.
 FIFE A.C. 'A' P.Hay 10 14.01 J.Linton 15 14.37 28.36 D.Cowie 19 15.10 43.46 G.McIvor 23 15.38 59.24.
 HERIOT WATT 'A' D.McDonald 34 14.59 I.Orton 20 13.50 28.49 R.Dinsdale-Young 24 15.20 44.09 G.Bell 24 15.18 59.2
 59.27.
 AYRSHIRE 'B' N.Ponsonby 29 14.46 J.Sands 32 14.51 29.37 T.McCulloch 27 14.56 44.33 W.Kilgour 25 14.59 59.32.
 GARSCLUBE 'A' T.Wiseman 24 14.29 R.Wilson 27 14.50 29.19 D.Kerr 31 15.42 45.01 A.McColl 26 14.49 59.50.

DUMBARTON 'A' N.Martin 31 14.55 W.Cairns 26 14.16 29.11 R.Paton 22 14.46 43.57 G.Sibbald 27 15.58 59.55.
ST.AND.UNIV. 'A' D.Easton 15 14.06 M.Anderton 17 14.32 28.38 A.Green 30 16.19 44.57 J.McKee 28 15.16 60.16.
DUNDEE UNIV. 'A' T.Davidson 39 15.20 P.Kenney 23 13.36 28.56 SMacKay 28 15.44 44.40 R.Hay 29 16.02 60.42.
LAW AC. 'A' K.McCartney 9 13.59 D.Frame 6 13.50 27.49 M.Benyon 29 17.07 44.56 J.Rowley 30 16.23 61.15.
EAST KILBRIDE 'B' I.Sinclair 40 15.22 J.Little 36 15.09 30.31 R.Ronald 34 15.22 45.53 I.Gilbert 31 15.29 61.22.
MARYHILL 'A' W.Yate 18 14.13 R.Stevenson 34 15.35 29.48 R.Ball 33 15.30 45.18 P.Bryers 32 16.05 61.23.
ABERDEEN UNIV. 'B' T.Shannon 27 14.35 S.Taylor 33 15.08 29.43 N.Robinson 32 18.32 45.15 J.Lamont 33 16.09 61.24.
VICT.PARK. 'A' D.Gillon 37 15.07 G.Diverty 35 15.23 30.30 S.Crawford 40 16.09 46.39 P.Mitchell 34 14.48 61.27.
HERIOT WATT 'B' B.Davidson 52 16.13 R.Caldwell 51 15.44 31.57 J.Bury 44 15.04 47.01 J.Chisolm 35 14.31 61.32.
GREENOCK WELL 'B' B.Graham 33 14.57 P.Taylor 42 16.19 31.16 T.Anderson 39 15.17 46.33 A.Roach 36 15.23 61.56.
EDINBURGH UNI. 'A' N.Binnie 57 16.28 R.Thomas 44 14.51 31.19 B.Blair 37 15.02 46.21 C.White 37 15.54 62.15.
GLASGOW UN. 'B' A.Brown 36 15.06 A.Lockhart 38 15.42 30.48 J.Kelly 38 15.41 46.29 A.Malarkey 38 16.12 62.41.
LAW A.C. 'B' W.Dickson 55 16.17 R.Brown 50 15.32 31.49 D.Fairweather 43 15.08 46.57 W.Drysdale 39 15.50 62.4
62.47.
EAST KILBRIDE 'C' A.Pearson 50 16.01 A.Trench 40 15.05 31.06 G.Colvin 42 15.39 46.45 D.McKirdy 40 16.22 63.07.
EDINBURGH A.C. 'C' T.O'Connor 41 15.24 K.Ridley 49 16.19 31.43 M.Smith 46 15.30 47.13 M.Lake 41 16.00 63.13.
EDINBURGH SO. 'B' I.Marshall 43 15.33 G.Stack 45 15.51 31.24 I.McKenzie 50 16.40 48.04 D.Wood 42 15.20 63.24.
BELLAHOUSTON 'B' C.Gormley 45 15.36 J.Irvine 41 15.36 31.12 T.Donnelly 41 15.32 46.44 R.Anderson 43 16.44 63.28.
ST.AND.UNIV. 'B' J.Main 54 16.15 D.Nisbit 48 15.19 31.34 I.Mitchell 49 16.29 48.03 J.Doig 44 15.58 64.01.
GREENOCK GLEN 'B' J.HOEY 46 15.39 T.Dobbin 39 15.22 31.01 P.Duffy 47 16.36 47.37 J.Jackson 45 16.40 64.17.
SHETTLESTON 'C' H.Inglis 48 15.42 C.Thomson 47 15.50 31.32 G.McKie 48 16.10 47.42 A.McDermid 46 17.19 65.01.
DUNDEE UNIV. 'B' G.Swann 44 15.33 I.Hendrie 43 15.44 31.17 A.Caird 45 15.51 47.08 G.Isbister 47 18.36 65.44.
FALKIRK VICT. 'C' R.Adams 72 18.30 J.McDonald 61 15.50 34.20 M.Coyne 57 15.45 50.05 D.Tkocz 48 15.40 65.45.
GLASGOW UN. 'C' D.McKay 53 16.14 D.Dick 57 17.03 33.17 I.Downey 56 16.42 49.59 R.Urquart 49 15.57 65.56.
ST.AND.UNIV. 'C' S.Pickles 51 16.04 A.Mathews 54 16.54 32.58 G.McLaren 52 16.24 49.22 A.Kelly 50 16.49 66.11.
IRVINE A.C. 'A' A.Rennie 47 15.41 M.Smith 56 17.29 33.10 G.Hearns 53 16.17 49.27 C.Forbes 51 17.02 66.29
EDINBURGH UN. 'B' J.Robertson 61 16.42 M.Laing 53 16.09 32.51 G.MacGowan 54 16.36 49.27 R.Avi-Ram 52 17.04
66.31.

SPANGO VAL. 'B' J.Gallagher 64 17.00 R.Hyett 55 16.00 33.00 K.Anderson 55 16.42 49.42 A.Gallacher 53 18.00 67.42

GLASGOW UN.'D' G.White 59 16.40 K.Dickson 58 16.46 33.26 T.Logue 58 17.12 50.38 J.Mason 54 17.16 67.54.

GARSCUBE 'B' D.O'Reilly 74 19.06 S.Cullen 66 16.23 35.29 C.Jackson 62 16.22 51.51 K.McAnna 55 16.30 68.21.

CAMBUSLANG 'B' D.Cooney 38 15.12 G.McLeery 46 16.14 31.26 J.Hamilton 59 19.15 50.41 W.Kelly 56 17.51 68.32.

EDINBURGH UN.'C' R.Timmis 69 17.46 B.Gray 62 17.16 35.02 R.Smith 60 16.32 51.34 I.Steele 57 17.25 68.59.

EAST KILBRIDE 'E' A.Hill 63 16.50 H.Miller 60 16.54 33.44 N.Kitchen 63 18.08 51.52 E.Dolan 58 17.23 69.15.

SPRINGBURN 'B' P.McKerracher 65 17.04 D.Wilmoth 64 18.21 35.25 T.Craig 66 18.01 53.26 A.McIndoe 59 16.00 69.26.

GLASGOW UN 'E' I.Becker-Boost 62 16.44 L.Petrie 59 16.45 33.33 D.Gilmore 61 18.05 51.38 D.Robertson 60 18.15 69.57.

EAST KILBRIDE 'D' W.Rae 66 17.14 D.Turnbull 63 18.10 35.24 F.Bias 67 18.28 53.52 B.Houston 61 16.25 70.17.

AYRSHIRE 'C' J.Swindale 49 15.43 W.Parker 52 16.58 32.41 J.Doolan 51 16.51 49.02 H.Rankine 21.40 70.42.

GREENOCK GLEN 'C' J.Smith 68 17.28 I.McMillan 67 18.11 35.39 D.Childs 64 17.13 52.52 I.Riddell 63 18.42 71.34.

MARYHILL 'B' T.Harrison 70 17.54 R.McIntyre 70 18.59 36.53 J.McLaren 68 18.16 55.09 S.Carville 64 18.39 73.48.

SHEFFLESTON 'D' D.Walker 58 16.35 R.Porteous 65 19.51 35.26 D.McDonald 69 20.00 55.26 J.Murray 65 18.35 74.01.

GLASGOW UN. 'F' A.Cusack 71 17.55 A.Quinn 69 18.11 36.06 R.Stewart 70 19.30 55.36 G.Struthers 66 19.17 74.53.

INCOMPLETE TEAMS.

WEST OF SCOTLAND I.Shaw 7 13.55 D.Wyper 25 15.03 28.58 K.McKechnie 25 15.23 44.21.

CLYDE VALLEY 'B' N.Agnew 35 15.01 G.Paterson 30 14.27 29.28 W.Russell 35 16.37 46.05.

PAISLEY 'A' H.Leggat 42 15.25 R.Price 37 15.16 30.41 A.Peden 36 15.32 46.13.

GLASGOW UN. 'G' D.Palmer 73 18.32 W.Campbell 68 17.34 36.06 E.Thompson 65 16.53 52.59.

STRATH. UNIV. 'B' D.Burt 25 14.40

GREENOCKWELL 'C' I.Blue 56 16.19.

DUMBARTON 'B' F.Cooney 60 16.42.

SPANGO VAL. 'C' B.Baker 67 17.23.

FOUND AFTER RACE:-

1. PAIR OF SPIKES
2. SINGLE SPIKES
1. TRACK SLIT TOP.

NATIONAL CROSS-COUNTRY RELAYS

KINGS PARK GLASGOW 27TH NOVEMBER 1976

Athletics Weekly

SCOTTISH NEWS

By Colin Shields

AFTER their victory in the Edinburgh to Glasgow Road Relay the previous week, Shettleston Harriers were sound favourites to win, for the first ever time, the third National 4 x 2½ Miles Cross-Country Relay Championships, sponsored by Barrs Soft Drinks, at Kings Park, Glasgow on November 27th. And win they did from a record entry of 99 teams. After being headed only on the first lap by their own 'B' team runner they moved into the lead on lap 2 and steadily increased their lead to win by 200y from Edinburgh AC and a well balanced Falkirk Victoria Harriers team. These clubs also had the first 'B' teams home in 9th, 14th and 18th places respectively.

The first stage, over a winding, hilly and grassy course cleverly chosen by race organiser Des Yuill to test the athletes throughout, ended with a much improved Stewart Easton (Shett 'B') surprising his club by beating their first team runner Jim Burns by 30y. John McGarva (FVH) was third, closely followed by an impressive duo, Hamilton Cox (Spango Valley) and Jim Golder (Ayrshire), who left many better known names behind them.

Lachie Stewart soon moved into the lead after the change-over, strongly challenged by Jim Dingwall, but from the depths of obscurity (20th position after the first stage) John Graham raised Clyde Valley to second place, catching Dingwall on the final uphill gradient to the change-over and just failing to catch Stewart by 4 sec after his fine 13:08—the second fastest lap of the day.

Lawrie Spence consolidated Shettleston's lead, stretching it to 20 sec from Ian Brown (FVH), with Clyde Valley dropping to a distant third just in front of Doug Gunstone who, with a fine stage of 13:37, raised Edinburgh AC from the ninth place the Knowles twins had produced after the first two stages.

Nat Muir, who had been pipped at the post by Edinburgh Southern Harriers in last year's race at Edinburgh, was obviously determined not to suffer the same fate two years running for he set off in a determined fashion and stretched Shettleston's lead to 34 sec with a fast lap of 13:17. The man of the lap, and indeed of the entire race, was Andy McKean who maintained his glorious competitive consistency by overtaking Clyde Valley and Falkirk Victoria to finish an isolated second, recording the only sub-13:00 time of the afternoon. Cameron Spence, now fully recovered after a severe bout of bronchitis, pulled Spango Valley into fourth place, their best ever position in a National Championship.

Edinburgh Southern, who have had extreme difficulty in getting their top runners to turn out competitively this season, had only David Logue of their recognised first team squad in action and made a mockery of their defence of their National Relay title. After three stages Southern were back in 26th position and Logue, with a lap of 13:19, gained 15 places but looked totally out of place so far down the field.

1, Shettleston H (J. Burns 13:30, L. Stewart 13:50, L. Spence 13:35, N. Muir 13:17) 54:12;

2, Edinburgh AC (D. Knowles 13:58, R. Knowles 14:17, D. Gunstone 13:37, A. McKean 12:54) 54:46;

3, Falkirk Victoria (J. McGarva 13:36, J. Dingwall 13:51, I. Brown 13:48, W. Day 13:45) 55:00;

4, Spango Valley (H. Cox 13:38, G. Clark 13:56, M. Coyle 14:45, C. Spence 13:39) 55:58;

5, Clyde Valley (E. Devlin 14:16, J. Graham 13:08, I. Moncur 14:20, J. Small 14:24) 56:08;

6, Ayrshire (J. Golder 13:40, J. Boyd 14:04, I. Kerr 14:22, J. Ferguson 14:13) 56:19;

7, Aberdeen Univ 56:53; 8, East Kilbride 57:17; 9, Shettleston 'B' 57:37; 10, Clydesdale 57:38; 11, ESH 57:41; 12, Glasgow Univ 57:45;

13, Bellahouston 57:49; 14, EAC 'B' 57:54; 15, Cambuslang 57:58; 16, Springburn 58:01; 17, Greenock Wellpark 58:16; 18, Falkirk Victoria 'B' 58:28; 19, Aberdeen 58:36; 20, Strathclyde Police 58:53; 21, Greenock Glenpark 59:13; 22, Strathclyde Univ 59:17; 23, Fife 59:24; 24, Heriot Watt Univ 59:27; 25, Ayrshire 'B' 59:32; 26, Garscube 59:50; 27, Dumbarton 59:55; 28, St Andrews Univ 60:16; 29, Dundee Univ 60:42; 30, Law & Dist 61:19.

Fastest: McKean 12:54, Graham 13:08, Muir 13:17, D. Logue (ESH) 13:19, S. Easton (Shett 'B') 13:26, Burns 13:30.